

One-Time Awards

One-time awards are payments to individuals and families who meet the IFS program eligibility requirements and have a one-time need not covered by another source. The services that can be provided for one-time awards are architectural, vehicular modifications, or specialized equipment.

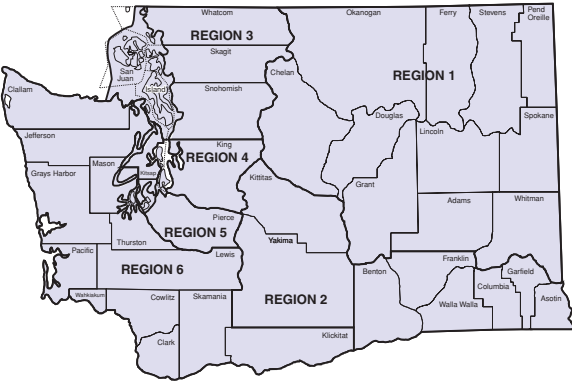
Emergency Funding

Emergency services are respite care, behavior management or nursing services in response to a single incident, situation or short -term crisis.

You are eligible to be considered for a one-time award and emergency funding if:

- You are not currently authorized for IFS program services;
- The need is critical to the health and safety of you or your caregiver; and
- You and your family have no other resources to meet this need.

DSHS does not discriminate and provides equal access to its programs and services for all persons without regard to race, color, gender, religion, creed, marital status, national origin, sexual preference/ orientation, age, veteranís status or the presence of any physical, sensory or mental disability.



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For more information,  
visit the DDD website at:  
[www.dshs.wa.gov/ddd](http://www.dshs.wa.gov/ddd)



Individual  
and Family  
Services  
Program

Information regarding  
eligibility, access,  
and services

# Individual and Family Services Overview

The Individual and Family Services (IFS) program is a state-only funded program that provides a variety of services to help families maintain and stabilize the family unit.

The IFS program combines three previous Family Support programs (Traditional, Opportunity, and the Family Support Pilot) into one.

The IFS program is intended to be a partnership between the state and families to:

- *Help support families who have a DDD eligible family member living in the family home;*
- *Provide families with a choice of services; and*
- *Allow families more control over resources allocated to them.*

## IFS Eligibility Criteria

You are eligible to be considered for the IFS program if:

- *You are currently an eligible client of DDD;*
- *You live in your family home;*
- *You are not enrolled in a DDD Home and Community Based Services (HCBS) Waiver;*
- *You are age three or older; and*
- *You are not receiving a DDD adult or child residential service, or licensed foster care.*

## Access to IFS

You may contact your DDD case resource manager to request IFS program services. You will receive written notification of DDD’s approval or denial along with your administrative hearing rights.

## IFS Request List

The IFS request list includes individuals who live with their family and who have requested IFS program services. If funding is not available at the time of the request, eligible individuals are placed on the list effective the date of their request.

## IFS Annual Allocation

The DDD assessment was designed to measure the support needs of people with developmental disabilities and is used to determine your level of need. The IFS annual allocations are:

- *Level 1 up to \$2,000*
- *Level 2 up to \$3,000*
- *Level 3 up to \$4,000*
- *Level 4 up to \$6,000*

# Services Available

## Respite

Short-term intermittent relief for a family member providing care for individuals receiving IFS program services.

## Excess medical cost not covered by another service

Medical expenses incurred by you after Medicaid or private insurance have been accessed, or when you do not have medical insurance.

## Therapies

Therapies covered by the IFS program are:

- *Physical Therapy*
- *Occupational Therapy*
- *Speech, Hearing and Language Therapy*

## Architectural and vehicular modifications

Adaptations to the person’s home and vehicle to ensure health, welfare and safety of the client and caregiver; or to enable a client, who would otherwise require a more restrictive environment, to function with greater independence in their home or community.

## Equipment and supplies

Medically necessary equipment and supplies designed to help people increase or maintain their abilities, and to perform their daily living activities.

## Specialized nutrition and clothing

Formulas or specially prepared foods for which a written recommendation has been made by a qualified and appropriate professional and when it constitutes 50 percent or more of the person’s caloric intake.

Nonrestrictive clothing adapted for a physical disability, excessive wear clothing or specialized footwear for which a written recommendation has been made by a qualified professional.

## Co-pays for medical and therapeutic services

Fixed fees that subscribers to a medical plan must pay to use specific medical or therapeutic services covered by the plan. These services must have been deemed medically necessary by the healthcare professional.

## Transportation

Reimbursement to a provider when transportation is required to access an IFS service.

## Training and counseling

Professional assistance provided to families to better meet the specific needs of the individual.

## Behavior management

Development and implementation of programs that use positive behavioral techniques to support people with challenging behaviors.

## Parent/sibling education

Class training on topics relevant to parents and siblings who have family members with a developmental disabilities.

## Recreational opportunities

Leisure activities that may be available to eligible clients such as summer camps, YMCA activities, day trips, memberships in civic groups, clubs, crafting classes, sports activities or typical recreation activities available in your community.